

Shea's Letters

**From: What Lies Deep Within Me
To: You**

*Dear reader,
This is a collection of personal journals,
rewritten as letters, sharing my spiritual
insights walking with the Lord in
marriage, parenting, personal issues and
life in general. Enjoy reading and be
encouraged in Christ.*

Sincerely,

FLOSHEA K. HARRIGAN

Afterword by Joelle Laing

About Shea's Letters

In a world where there is pressure to 'have it together', followers of Christ can easily miss the beauty in being vulnerable and open about their walk with the Lord. Christians go through all sorts of experiences in their journey following Christ and the Enemy is right there ready to whisper lies to believers on the basis of deception. It is the Lord's will for the Body of Christ to be interdependent on each other as each believer is dependent on Christ and allows Him to be the source of their life.

Jesus Christ has overcome the Enemy, once and for all by dying on the Cross. In His resurrection, He has given each believer a portion of Himself as a gift and promise of that same overcoming Life. It is the overcoming Life of Christ within that holds the believer together. In those moments of feeling the pressures of the world, there is a sweet opportunity for believers to humble themselves and depend on the Life of Christ within instead of depending on their flesh.

The stories in "Shea's Letters" shed light on some of the Enemy's lies and reveals Jesus Christ as a present-living Person in our everyday lives. Read and listen with your heart as Floshea shares ***from what lies deep within her, to you.***



FLOSHEA HARRIGAN, a native of Moss Point, Mississippi, is a wife and mom to two boys. Her deepest passion is Jesus Christ, and her heart's desire is to encourage others in Christ in any way the Lord may lead for His purpose. Visit www.sheasletters.com to share your insights from reading.

Shea's Letters

**From: What Lies Deep Within Me
To: You**

FLOSHEA K. HARRIGAN

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*To my husband for his unconditional love,
acceptance and commitment to Jesus Christ,*

*to my mother for her love,
and inspiration of writing, and*

*to all those who seek a real, active relationship
with the present-living Person of Jesus Christ*

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PREFACE

A Little About Me

I am a wife, a mother, a sister, a daughter, an aunt and a friend. I am strong yet sensitive, loud yet quiet, bold yet weak, secure yet insecure. I am human but I am in Christ. I admittedly am a mess, but yet a beautiful expression of my Lord and Savior. He is my all in all and I am honored and humbled to be able to discover and express Him daily while I still have breath in my body.

The Purpose of These Letters

It was in my heart to share these letters as a way to express Jesus Christ and to encourage others in Him. They are a transparent account of how I have gotten to know more of the Person of Christ in some of my life experiences. These

letters also reflect some of the ways the Lord is continually transforming me and how He's grown the awareness of His Spirit within me in my journey thus far living by His indwelling Life.

Every believer's walk and journey with the Lord is unique; yet still, He alone is the common thread. My experiences knowing and expressing Christ are just one portion of who He is. Ultimately, my hope and prayer is that this book, in its entirety, can serve as a mirror into which you can see the present-living Person of Jesus Christ and be inspired by Him.

My Charge to You

Read the messages and experiences shared in this book with an open heart. Our Lord can use any emotion or thought to point to Him for His purpose in you. The hope is that a window in your spirit is open for Christ to shine light through.

Consider this mindset--there is no situation or circumstance too small or too big for us to discover more of our Lord in. No matter where you are in life, no matter what is going on in your life, and no matter any hopelessness or insignificance you may feel; in Christ, there is purpose in your life NOW for HIS good pleasure! Take heart and be encouraged!

“Today is the day in which to know the Lord as much as we can, and today's increase in our knowledge of the Lord in its measure is our equipment for a larger ministry tomorrow. The Lord Jesus moved day by day with such definiteness because He was aware that there was a great purpose bound up with His life, and no day was wasted. "I must work the works of him that sent me while it is day..." "I work today and tomorrow, and the third day I am perfected". His law of life was day by day to its measure, and every day as a day bound up with the great purpose of God. There is strength in such an attitude.”¹

¹Excerpt taken from "The Risen Lord and the Things Which Cannot be Shaken" - Chapter 10, by T. Austin Sparks. First published in "A Witness and A Testimony" magazine, Vol. 15-4, 1937.

INTRODUCTION

Dear friend,

In the spiritual realm, out of death springs Life. Our Lord is nothing less than loving and inviting. He invites us into His glorious Life full of all kinds of wonder for us to enjoy. While in this world, we may experience struggles, death, hardships, disappointments, injustices, suffering, frustrations, and even being taken advantage of. However, be encouraged because these experiences are not the sum of who we are in Christ. The Lord has overcome the world through His death on the Cross. These earthly experiences have no power or authority to hold our true identity in Christ captive.

We have an abundant life to enjoy in Christ even in the midst of these experiences. God is for us not against us! He is

omnipresent and so loving. As we labor in spirit to see Christ and to see ourselves and others in Christ, we satisfy our Lord's heart when we experience His wellspring of life in circumstances that breathe spiritual death.

The following message, “A Little Perspective”, is written out of a burden in my heart for my brothers and sisters in Christ. I hold these truths close at heart in my walk with our beautiful Savior. I hope it lays a foundation upon which you receive the expression of Christ in *Shea's Letters*.

**Sincerely,
Shea**

P.S. Before you continue reading, I ask that you take a moment and silence the busyness of your heart and mind and turn your thoughts to Christ. Whether you are fully knowledgeable of the things of Christ or if you are not, humbly ask the Lord to open the eyes of your heart so that you can clearly discern His desire for you to know Him even more intimately as a Person dwelling inside you and for you to understand what He is after in your heart.

*Then Jesus said, “Whoever has ears to hear, let them hear.”
-Mark 4:9*

A Little Perspective

Our life is intended for God and *His* eternal plan which He purposed in Christ, “to unite all things in Him in heaven and

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Letter 09

CHRIST IN YOU IS ENOUGH

Dear friend,

{This is a message I sent to my close friend who reached out to me questioning her worth because of a challenging situation with a family member. It was in my heart to remind her of who she was in Christ. These words ministered to me as I wrote them. It is a deep work the Lord continues to do in me. The greatest deceptive lie that's whispered to me is that I am not enough, but I have to be reminded that those words are whispered to my flesh.}

“Praying for you that the Lord reveal to you that who you are in Christ is enough! You are enough because your life is now in Him and He has overcome the Enemy's schemes. Our value comes from within not

from our outward circumstances.

It is a LIE that our choices right or wrong determine if we are enough.

It is a LIE that people's opinions of us determine if we are enough.

It is a LIE that our mistakes determine if we are enough.

It is a LIE that our limitations determine if we are enough.

We are full of value because WE BELONG TO AND ARE FOUND IN CHRIST. To hell with anything else! Your identity is already spoken for by your Lord. He is your strength and your sight. You don't have to work to earn it. It is a free gift He gave thousands of years ago. You just have to allow yourself to receive the gift just as you are. You are worth it..."

When I read back over my message to my friend I couldn't help but hear Christ encouraging me as He was encouraging her through me.

"I am not enough".

These four words are the greatest deceptive lie whispered to me by the enemy because they can grip me in, in the worst way if I've gotten tripped up looking at my 'self'. All I can see and hear is "Shea, you're just not enough for _____. " Oh

how it can break my heart, until by grace, the Lord reminds me, “You’re right! In your 'self', you are not enough!” He may have reminded me of that truth when I directly turned to Him in how awful I felt or He may have used a fellow believer to remind me of His truths when I’ve reached out to them saying, “Help me. I can not ‘see’ Christ in me!”

The Enemy tries to pull us out of our heavenly sight and position in Christ by getting us to look at our flesh. If we sit and settle in that miserable place, then he has got a foothold in us. The Enemy wants us to look away from Christ and focus on how awful our flesh is then he gets to have his way in us. Thank God that our flesh is not the source of our identity. Christ is the source of our identity and He is enough in us--who we are in Christ is enough.

I have gotten to a place in my walk with the Lord where I am learning to trust His truths more and more by turning to Him more promptly. We can run in circles with the Enemy trying to make up ways for our flesh to be better, but it’s dead. Our victory over the Enemy in the battle of feeling enough is to settle in our heart and spirit the truth that we are not enough in our 'self' and accept in our hearts that our value is in Christ. Any lie from the Enemy may be whispered to us over and over in different circumstances and situations; but, praise the Lord, we have the power of Christ within to simply turn away and leave the lie where it belongs-- in the

grave.

May the Lord continually give us grace to turn more immediately to Him and when we can't, may He give us grace to turn to a trusted believer to remind us of who we are in Him. It is *okay* for us to need to be reminded of the Lord's truths. We are not any less a believer in Christ if we turn to a fellow believer we trust to help us 'see' with spiritual eyes. Pride leads to no gain in Christ.

We live a dependent life on Christ in our individual walk with Him and an interdependent life through each other in the Body of Christ. It is a lie that we should be independent and that we do not need anyone. An independent mind will starve the Life of Christ inside us. There may be seasons in our walk with the Lord when we may not have any trusted believers to turn to. If this is a season the Lord has allowed, be encouraged because the Lord is *always* good and the Lord is *always* sufficient in where He has us. We must allow Christ to do the work He intends in us wherever we are.

And Jesus says to us, "Precious, precious believer, you are so worth it to me. There is NOTHING that can separate you from our Father's love. YOU ARE VALUED IN AND THROUGH my Life in you."

"Who dares accuse us whom God has chosen for his own? No one—for God himself has given us right standing with himself. Who then will

condemn us? No one—for Christ Jesus died for us and was raised to life for us, and he is sitting in the place of honor at God’s right hand, pleading for us. Can anything ever separate us from Christ’s love? Does it mean he no longer loves us if we have trouble or calamity, or are persecuted, or hungry, or destitute, or in danger, or threatened with death? (As the Scriptures say, “For your sake we are killed every day; we are being slaughtered like sheep.”) No, despite all these things, overwhelming victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from God’s love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God’s love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.” (Romans 8:33-39)

**Sincerely,
Shea**